

SOP Sample for MSc in Canada Master of Science in Human Nutrition (MSc)

Living with the utmost vigilance that my health, soul, and happiness are all bound by my fascination and growing passion for food, I have learned how food affects almost every aspect of a person's life. Hence watching out an abhorrent denial of western society to any thoughtfulness or respect toward how we fuel our life and soul, leading to obesity, anorexia, diabetes, malnutrition and many more have persuaded me to practice and cultivate my unconditional love for food's relationship to the body, soul, and community. Therefore I aspire to become a nutritionist by practicing my passion for nutrition. I believe by being a nutritionist I would be able to educate and advise the public about food and create suitable dietary information for different groups of people.

Since I was a kid I used to take a profound interest in how and what my parents or grandparents are cooking in the kitchen. And my approaches behind the scientific reasons of their cooking practices grew exponentially. Probing different herbs and spices with different traditional tastes has made me a food lover and strengthened my interest in food and the science behind it. My journey commenced as I took a Bachelor of Science in Biotechnology from Bharathidasan University, Trichy, India while further, I pursued a Master of Science in the same field of biotechnology from the same University. Through this possession, I indulged in a thesis that detailed the enzyme and morphological effects of Mercury, Copper, and Zinc Mussels.

After my master's I had involved as a project associate in research work for the {Project Name}, at the Institute of Ocean Management, Anna University, Chennai. Then after working for almost {Duration} as a teacher I resurrect my studies along with teaching to follow my passion to understand food and its effect on our body. I did B.Ed in Bachelors of education in biology from {Institute Name}. And now currently I am pursuing a Diploma in dietic, health, and nutrition from the same institute. Through such dietic courses, I have learned a lot about nutrition, food science, anatomy and physiology, community nutrition, therapeutic nutrition, and Alternative therapies.

Acquainting you to my {Period} of teaching experience, soon after completing my masters I started working as a Biology teacher initially at {School Name}, and then at {Institute Name}. Then after moving to Saudi Arabia I worked as a primary teacher in a school named {School Name}. While I came back to my courtyard after {Duration} and regained my previous position and hence worked as a Biology teacher again at Sri Renga teacher training Institute till {Year}. Now presently since {Year}, I am working as a Diet Consultant / Lifestyle Management Consultant at {Address}. Through such professional practices, I had maintained some very good testimonials by reversing PCOS, diabetes, and SIBO conditions in my clients.

I have never restrained myself to academic learning and ventured actively into various extracurricular activities as well. During my post-graduation, I have conducted many seminars and had even conducted many webinars at {Institute Name} where I am currently pursuing my course.

I aim to become a healthcare provider by learning the intricacies of nutrition. Through MSc in Human Nutrition, I would be able to educate the public on appropriate food and lifestyle choices that optimize health and prevent diseases and would be able to expertise overhealing and maintaining the highest possible level of functioning of the digestive system. My favorite fragments in this course include studying the effects of drugs and pollutants such as heavy metals like zinc, chromium, copper, mercury, and so on in chronic diseases, the nutritional interventions impact in protecting against the environmental toxins, gut microbial metabolism in metabolic disorders and the area of functional foods and food-derived bioactivities and product development. My previous experience as a diet consultant in a clinic and fitness center would hence act as the perfect podium for my further studies in this course. Since I have been the founder of Dietifynow- an online diet clinic, I had been in love with framing diets for different BMI such as underweight, healthy, overweight, and obese. Hence my extreme interest in such activities has what persuaded me to pursue a Master's in Human Nutrition.

I have chosen Canada as it plays host to more than 180,000 international students in any given year. Canada is increasingly becoming one of the world's most popular destinations for education. Canada is a safe, just, and peace-loving nation. Canada's crime rate has steadily declined. Every step is taken to ensure the safety of students on campuses. Most universities have their campus security of 24 hours. The high academic standard and quality help the students to come out of the universities with flying colors. In Canada, I have chosen your College because of its highly admirable and reputed image in society. The institute has maintained its status through its stupendous curriculums and quality in delivering the best lessons. Also, it offers the best quality, of course, I want to pursue my career in.

Talking about my future aspects, I aim to manage my academic record, research experience, and genuine passion for this specialty to solve problems of my country's deteriorating health conditions. As on shorter terms, I aim to complete the course with full perseverance and study in-depth knowledge of nutrition in humans. Soon after completing the course, I would return back India as I aim to obtain a license as RD (registered dietician in India) and become a member of IDA (Indian dietary association) to practice as a certified nutritionist in my country. While in the long haul I wish to pursue detailed research on how nutrients and micro-nutrients act at the cellular and molecular levels with an emphasis on nutrient-gene interactions and their subsequent impact on metabolic functions through the spheres of the Ph.D. program.

Regards
{Name}

SOP HELP